

# February Newsletter

#### FROM THE PRINCIPAL

February is a short but busy month in our school!. Students are busy growing and learning during what can be a long winter month. We try to get outside as much as possible but there are a lot of factors involved including student outerwear, outside temperatures, icy conditions, and available play space. We know how important it is to get fresh air! Pre-K registration will take place on Thursday, February 16th in the hall near the elementary office. If you would like to pick up a registration packet to fill out and bring with you to registration, these are available in the elementary office. You may also come to registration and fill your packet out there. Kindergarten registration will take place March 6th - 10th in the elementary office. Even if your child currently attends pre-k, you will still need to register for kindergarten. Registration packets will be sent home with all current pre-k students. You may also pick-up a packet in the elementary office anytime. Additional information you will need for registration includes: birth certificate, immunization record, and proof of residency. This information is also available on our website. As always should you have any questions or concerns, please call the elementary office at 495-4550



### **IMPORTANT DATES**

4- Mother Son Dance

10- Family Paint Night

I4-Board of Education Mtg.

16-Pre K Registration

17- Character Ed. Assembly

20-24 Mid-Winter Recess



Valentine's Day is
Almost here! Many of
our classrooms will be having parties with cards and
treats.

If you choose to send Valentine's cards for your child's class, please be sure to send in a card for every student in the class. If you need a list of the students in your child's class, please contact either your child's teacher through email or you may also contact the Elementary Office at 495–4550.

### **SVCS PTSO NEWS**

Don't forget if you sent in money for the PTSO family paint night to join us on February 10th, 5:30pm-8:30pm in the Cafeteria. Materials and snacks are included.





# Spark the Heart

Be friendly and compassionate.



This month we are challenging your student to be kind to others, even when it's hard. We are partnering with you to help your child grow in kindness. Most children learn new behaviors by copying those around them; we have a powerful opportunity and responsibility to teach kindness by example. This month, model kindness and empower your children to show compassion to those around them with these activities.



## 1 ENGAGE: Self-Love Letter

Carve out ten minutes and challenge your family to write themselves a love letter. Follow these simple steps: 1.) Kick it off with "Dear Me," and don't stop writing until the timer goes off. 2.) Tell yourself how amazing you are and list some of your positive qualities. Younger children may need some help with writing or thinking. They may want to draw a picture instead. 3.) Share your letters as a family when you finish. Be sure to affirm each other as you share.



# 2 EMPOWER: Affirmation Boxes

Have each family member make and decorate their own "Affirmation Box" or bag to display in a central location in your home this month. At least three times a week, write a family member an affirmation and place it in their box. On the last day of the month, ask everyone to read their affirmations and feel the love!



### 3 EXCEL: Intentional Kindness

As a family, list 25 random acts of kindness you can accomplish this month. Then, make a plan for how you'll do each act. At the end of the month, reflect and celebrate. Encourage your child to share how it made them feel completing these random acts of kindness.

### **Conversation Starters**

- Why do you think it's important to be kind to others? To yourself?
- Describe a time when someone was kind to you. How did it make you feel?
- What is something kind you have done for someone else? How did it make you feel?